



Etomidato

Eric Sabatini Regueira
R1 Medicina de Emergência
HCFMUSP

SRI

- ❖ Dose:
0.2¹ - 0.6 (0.3)² mg/kg
- ❖ 59% bom
- ❖ 19% inadequado
- ❖ 30 segundos
- ❖ 10 minutos



¹ Kay B. Some experience of the use of etomidate in children. *Acta Anesthesiol Belg.* 1976;27 Suppl:86–92

² Zuckerbraun NS et al. Use of etomidate as an induction agent for rapid sequence intubation in a pediatric emergency department. *Acad Emerg Med.* 2006; 13(6):602-9

Quando usar?

- ❖ Hipotensão
- ❖ Aumento de PIC
- ❖ TCE + Hipotensão
- ❖ Status Epilepticus



Prós



- ❖ Efeitos hemodinâmicos^{3, 4}
- ❖ Farmacocinética⁵
- ❖ Efeitos respiratórios⁶

³ Gooding JM, Corssen G. Effect of etomidate on the cardio-vascular system. *Anesth Analg* 1977; 56: 517-9

⁴ Sprung J, Ogletree-Hughes ML, Moravec CS. The effects of etomidate on the contractility of failing and nonfailing human heart muscle. *Anesth Analg*. 2000;91:68-75

⁵ Van Hamme MJ, Ghoneim MM, Ambre JJ. Pharmacokinetics of etomidate, a new intravenous anesthetic. *Anesthesiology* 1978; 49: 274-7

⁶ Morgan M, Lumley I, Whitvorn IG. Respiratory effects of etomidate. *Br J Anaesth* 1977; 49: 233-6

Contras

- ❖ Supressão adrenal⁷
- ❖ Mioclonia⁸



⁷ Vinclair M, Broux C, Faure P, Brun J, Genty C, Jacquot C, et al. Duration of adrenal inhibition following a single dose of etomidate in critically ill patients. *Intensive Care Med.* 2008;34:714–9.

⁸ Guldner, G., Schultz, J., Sexton, P., Fortner, C. and Richmond, M. (2003), Etomidate for Rapid-sequence Intubation in Young Children: Hemodynamic Effects and Adverse Events. *Academic Emergency Medicine*, 10: 134–139. doi:10.1197/aemj.10.2.134



Anesthetic Induction with Etomidate is Safer than Propofol, Lower 30-Day Mortality After Noncardiac Surgery

Ryu H
Yusuf

The impact of etomidate on mortality in trauma patients
L'impact de l'étoomidate sur la mortalité des patients atteints de traumatisme

Chris Hinkewich, MD · Robert G...

Conclusion: The use of a single dose of etomidate for induction of tracheal intubation in the emergency department was inconclusive. Etomidate should be used with caution in trauma patients. Further data are needed to determine the safety and risk-benefit of etomidate.

er
l
dity

Conclusions: The use of bolus dose in the 72 h before study is associated with an incidence of inadequate response to corticotropin, but is also associated with an increase in mortality. We recommend extreme caution in the use of etomidate in trauma patients.

30-day mortality, especially on long-term outcomes but at improved longer-term outcomes.

MD;

RESEARCH

Open Access

Etomidate Induction is Associated with a Lower Incidence of Postoperative Pneumonia

Comparison of etomidate and propofol for induction of anesthesia in patients with obstructive pulmonary disease undergoing major cardiac surgery: a randomized controlled trial

Conclusions: This study found no evidence of a difference in mortality between induction with or without administration of a single dose of etomidate. Etomidate is an acceptable option for single-dose anesthesia induction.

based on anesthesia induction. Etomidate might remain a viable option for induction of anesthesia. Ixchel Castellanos¹



Single-Dose Etomidate Does Not Increase Mortality in Patients With Sepsis

A Systematic Review and Meta-analysis of Randomized Controlled Trials and Observational Studies

Wan-Jie Gu, MSc; Fei Wang, MD; Lu Tang, MD; and Jing-Chen Liu, MD

BACKGROUND: The effect of single-dose etomidate on mortality in patients with sepsis remains controversial. We systematically reviewed the literature to investigate whether a single dose of etomidate for rapid sequence intubation increased mortality in patients with sepsis.

METHODS: PubMed, Embase, and CENTRAL (Cochrane Central Register of Controlled Trials) were searched for randomized controlled trials (RCTs) and observational studies regarding the effect of single-dose etomidate on mortality in adults with sepsis. The primary outcome was all-cause mortality. The Mantel-Haenszel method with random-effects modeling was used to calculate pooled relative risks (RRs) and 95% CIs.

RESULTS: Eighteen studies (two RCTs and 16 observational studies) in 5,552 patients were included. Pooled analysis suggested that single-dose etomidate was not associated with increased mortality in patients with sepsis in both the RCTs (RR, 1.20; 95% CI, 0.84-1.72; $P = .31$; $I^2 = 0\%$) and the observational studies (RR, 1.05; 95% CI, 0.97-1.13; $P = .23$; $I^2 = 25\%$). When only adjusted RRs were pooled in five observational studies, RR for mortality was 1.05 (95% CI, 0.79-1.39; $P = .748$; $I^2 = 71.3\%$). These findings also were consistent across all subgroup analyses for observational studies. Single-dose etomidate increased the risk of adrenal insufficiency in patients with sepsis (eight studies; RR, 1.42; 95% CI, 1.22-1.64; $P < .00001$).

CONCLUSIONS: Current evidence indicates that single-dose etomidate does not increase mortality in patients with sepsis. However, this finding largely relies on data from observational studies and is potentially subject to selection bias; hence, high-quality and adequately powered RCTs are warranted.

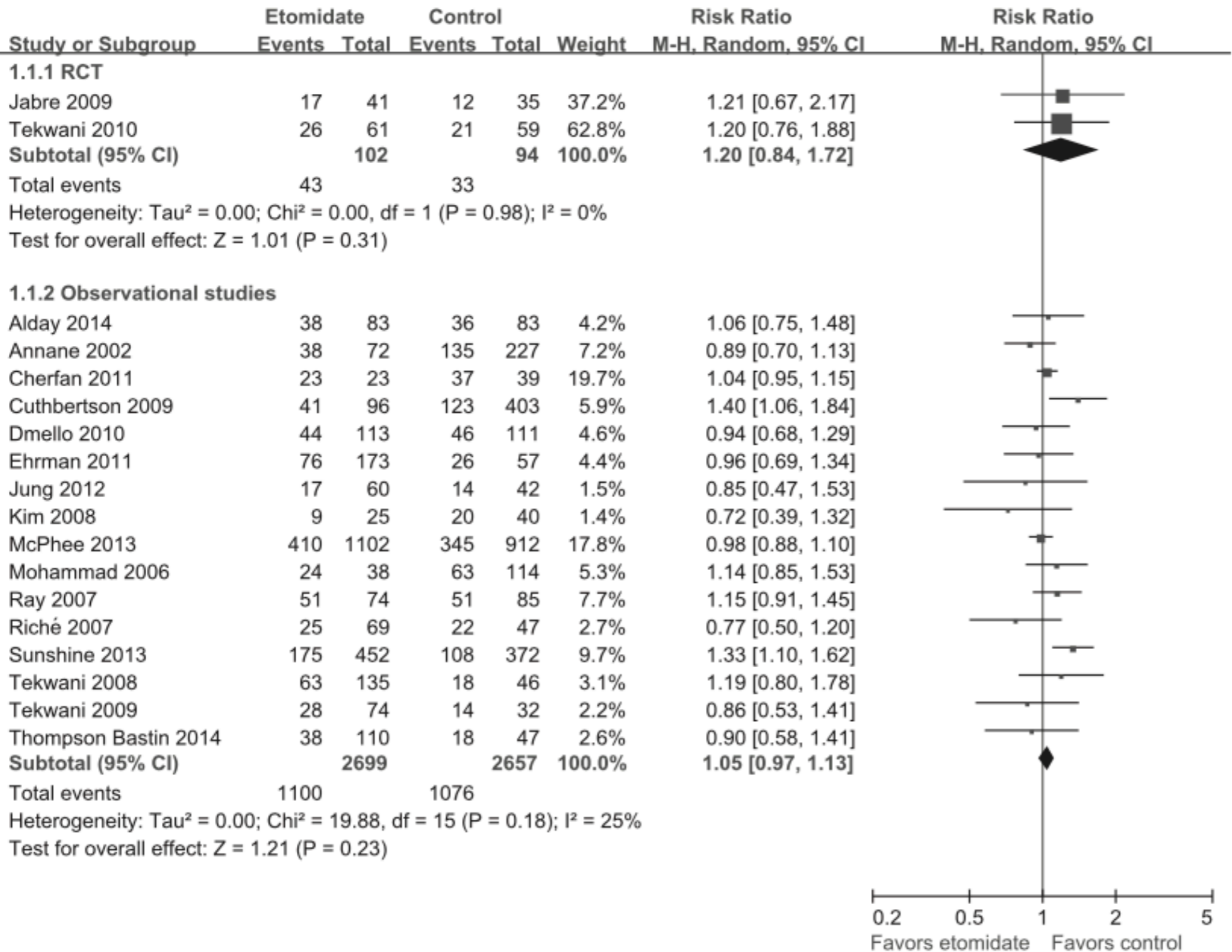


Figure 2 – Effect of single-dose etomidate on mortality in patients with sepsis. *df* = degrees of freedom; *M-H* = Mantel-Haenszel.

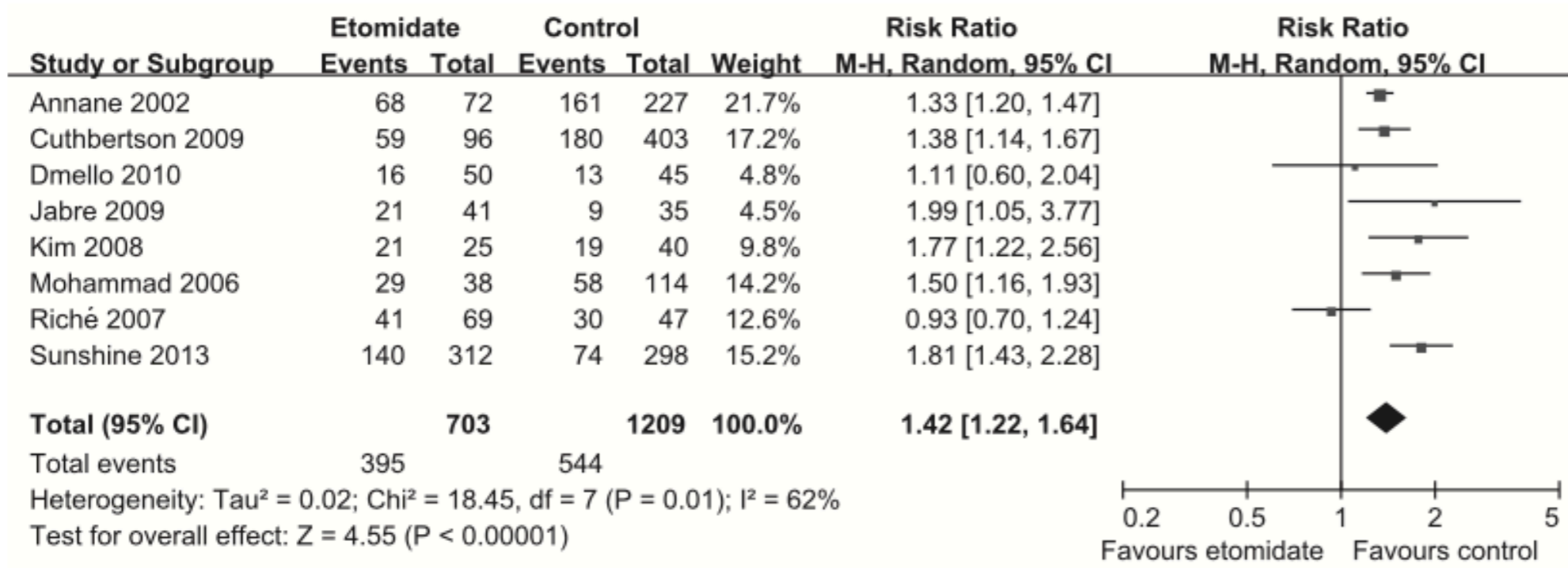


Figure 3 – *Effect of single-dose etomidate on adrenal insufficiency in patients with sepsis. See Figure 2 legend for expansion of abbreviations.*

In conclusion, the present systematic review and meta-analysis suggests that single-dose etomidate is not associated increased mortality in patients with sepsis. Etomidate may remain an acceptable option for rapid sequence intubation in patients with sepsis; however, the finding largely relies on data from observational studies, is potentially subject to selection bias, and should be interpreted cautiously. Hence, high-quality and adequately powered RCTs are warranted.



Etomidato

Eric Sabatini Regueira
R1 Medicina de Emergência
HCFMUSP